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# FIRST AID AT WORK REQUALIFICATION



The Health and Safety (First Aid) Regulations 1981 require all employers to ensure that first aid provision is 'adequate and appropriate to the circumstances', and that first aid personnel receive formal requalification training every 3-years. Under guidelines issued by the HSE all delegates booking onto this Requalification course will be required to provide evidence that their qualification has not expired beyond 28 days of the expiry date shown on their First Aid at Work certificate.

This interactive and practical based 2-day Highfield certificated course will include a revision of topics covered in the 3-day first aid at work course, together with any new first aid procedures which may have been introduced since delegates last attended a first aid at work course.

This course will involve the demonstration and learning of practical first aid skills; all delegates will be expected to demonstrate competence in those skills during the taught sessions and, during the observation on Day 2. During this course delegates will be expected to work on the floor, therefore delegates are advised to wear appropriate and comfortable clothing and flat-heeled shoes; we recommend that female delegates wear trousers as opposed to skirts.

On successful completion of the 2-day FAW Requalification course, delegates will be awarded a certificate and a wallet sized card both of which are valid for 3 years from the date of the examination. It is recommended that delegates attend an annual refresher course each year to ensure they remain aware of current practices in relation to CPR, etc.

## COURSE ASSESSMENT

Delegates will complete a 12 question multi-choice examination, followed by 3 practical assessments, including Incident Management, Dealing with Shock, Dealing with an Unconscious Casualty and CPR

## COURSE SYLLABUS

The Role and Responsibility of a First Aider	Managing a Casualty who is Wounded and Bleeding
Assessing an Incident	Managing a Casualty who is in Shock
Managing an Unresponsive Casualty who is Breathing Normally	Managing a Casualty with a Minor Injury
Managing an Unresponsive Casualty who is not Breathing Normally	Administer First Aid for a range of conditions
Recognise and Assist a Casualty who is Choking	Managing a Casualty for a range of major illnesses

## DELEGATE NUMBERS

Delegate numbers: 12 (maximum)

## LOCATION

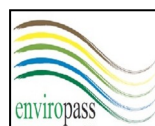
Delivered at our Neyland Training facility, clients premises or suitable third-party site – provided the client's premises or third-party site have suitable facilities to deliver the theory sessions on Days 1 & 2, together with the written assessment and practical observations on Day 2.

**FOR MORE INFORMATION OR TO BOOK ON THIS COURSE CALL US ON 01646 60062 OR EMAIL [info@providencetrainingltd.com](mailto:info@providencetrainingltd.com)**



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