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# LEVEL 3 AWARD IN FIRST AID AT WORK



The Health and Safety (First Aid) Regulations 1981 require all employers to ensure that first aid provision is 'adequate and appropriate to the circumstances'. This interactive and practical based 3-day Highfield certificated course will equip Client's employees to administer first aid to a range of specific injuries and illnesses, and is suitable for Client's employees working within hazardous environments, or where the number of employees present is high.

This 3 day course will include topics covering: the roles and responsibilities of the First Aider; assessing an incident, recognising signs and symptoms of injury and illness, assisting a casualty who is suffering from major injury and illness, chest injuries spinal injuries and anaphylaxis. During this course delegates will be expected to work on the floor, therefore delegates are advised to wear appropriate and comfortable clothing and flat-heeled shoes; we recommend that female delegates wear trousers as opposed to skirts.

On successful completion of the Level 3 Award, delegates will be awarded a certificate and a wallet sized card both of which are valid for 3 years from the date of the examination.

## COURSE ASSESSMENT

The qualification is assessed via on-going oral and/or written questioning and practical demonstration.

## COURSE SYLLABUS

### Unit 1: Emergency First Aid in the Workplace

- Understand the role and responsibilities of a first aider
- Be able to assess an incident
- Be able to manage an unresponsive casualty who is breathing normally
- Be able to manage an unresponsive casualty who is not breathing normally
- Know how to recognise and assist a casualty who is choking
- Be able to manage a casualty with external bleeding
- Be able to manage a casualty who is in shock
- Be able to manage a casualty with a minor injury

### Unit 2 : Recognition and Management of Illness and Injury in the Workplace

- Be able to conduct a secondary survey
- Be able to administer first aid to a casualty with injuries to bones, muscles and joints
- Be able to administer First Aid to a casualty with suspected head and spinal injuries
- Be able to administer First Aid to a casualty with suspected chest injuries
- Be able to administer First Aid to a casualty with burns and scalds
- Be able to administer First Aid to a casualty with an eye injury
- Be able to administer First Aid to a casualty with an eye injury
- Be able to administer First Aid to a casualty with anaphylaxis
- Be able to provide First Aid to a casualty with suspected major illness

## DELEGATE NUMBERS

Delegate numbers: 12 (maximum)

## LOCATION

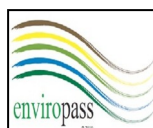
Delivered at our Neyland Training facility, clients premises or suitable third-party site – provided the client's premises or third-party site have suitable facilities to deliver both practical and theory sessions.

**FOR MORE INFORMATION OR TO BOOK ON THIS COURSE CALL US ON 01646 60062 OR EMAIL [info@providencetrainingltd.com](mailto:info@providencetrainingltd.com)**



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